

# MooZie's Magic

A Coloring Book with  
a Kindness Message



By Sara Beck  
Illustrated by Katie Olsen





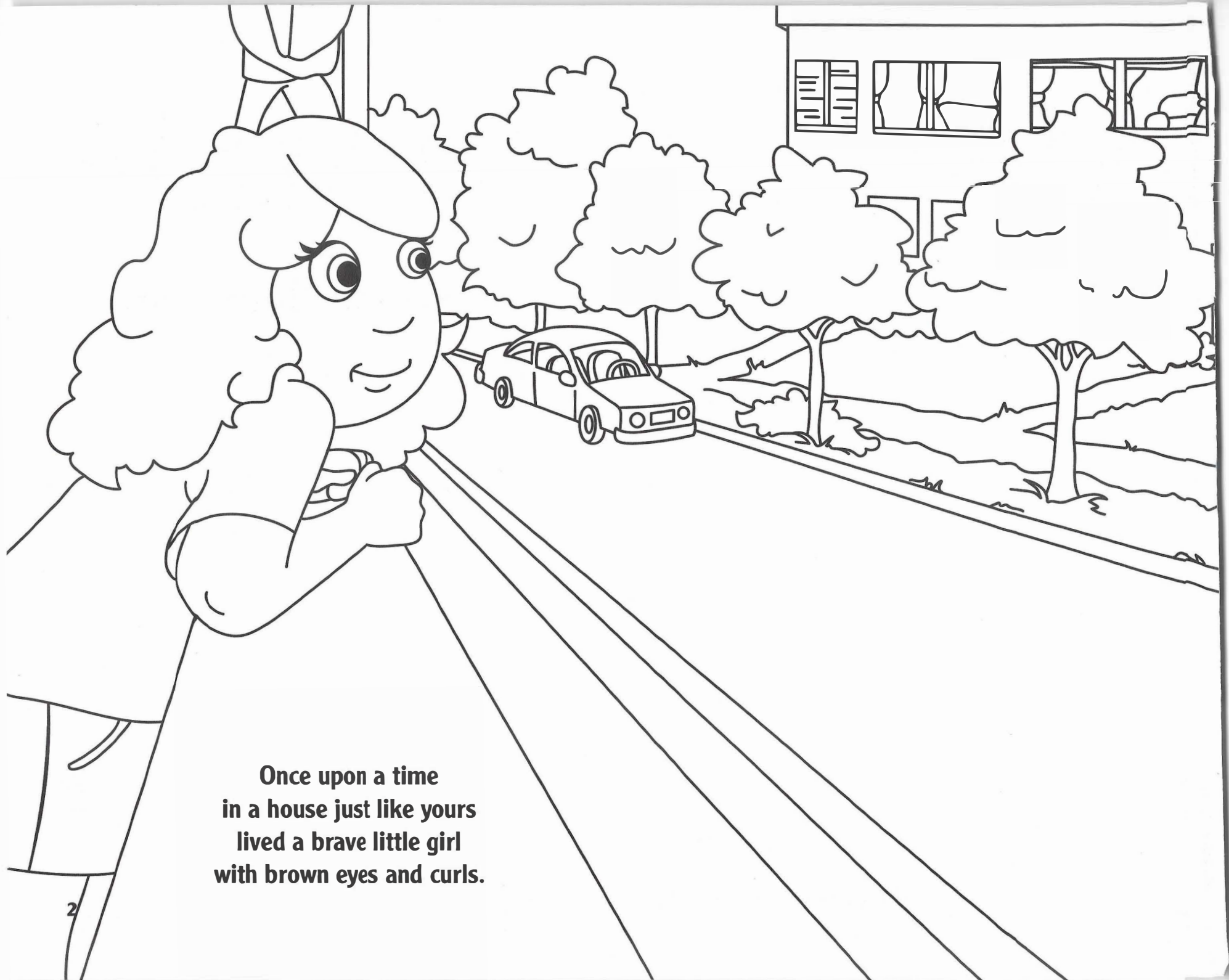
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a Kindness Message**



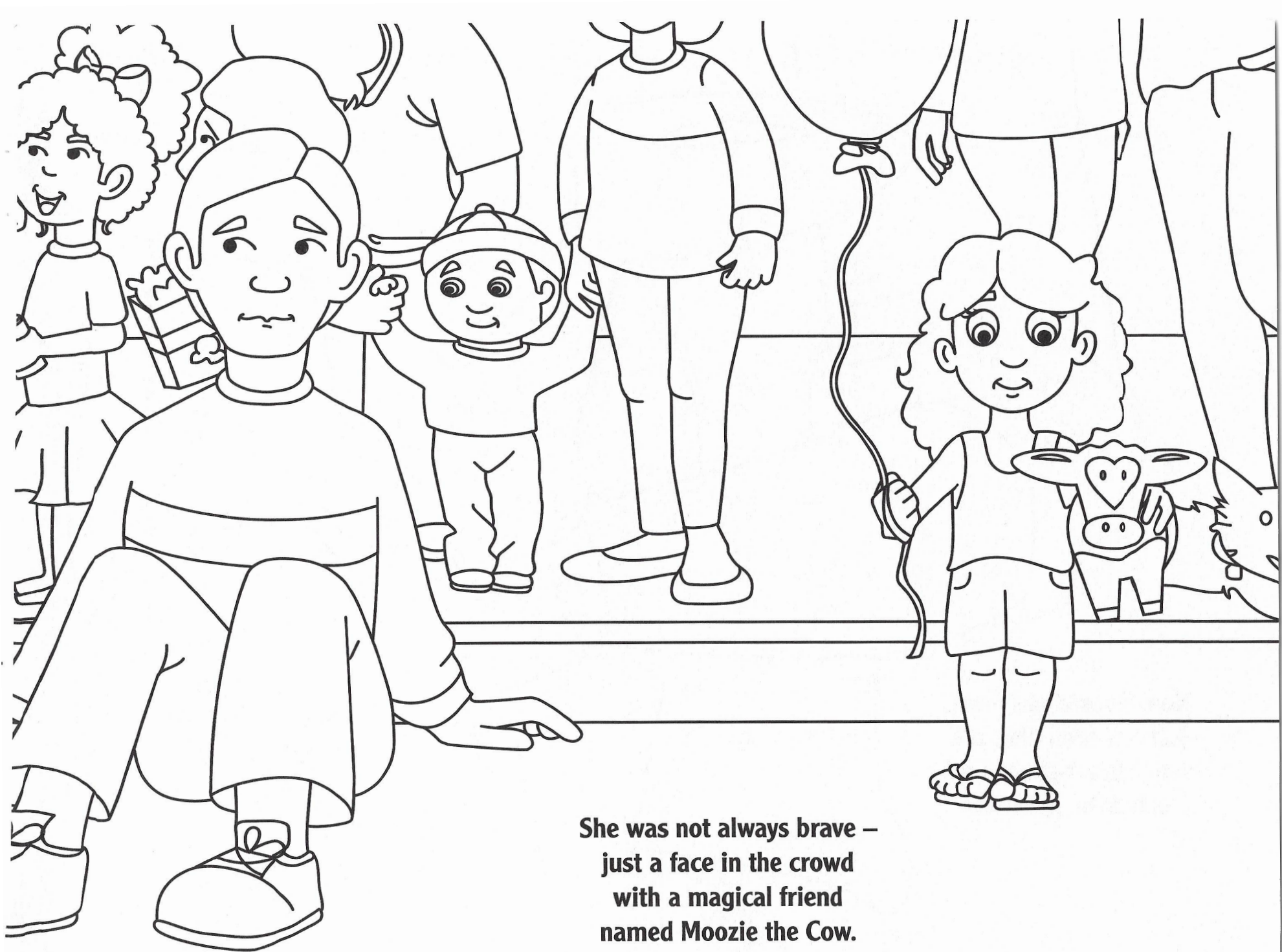
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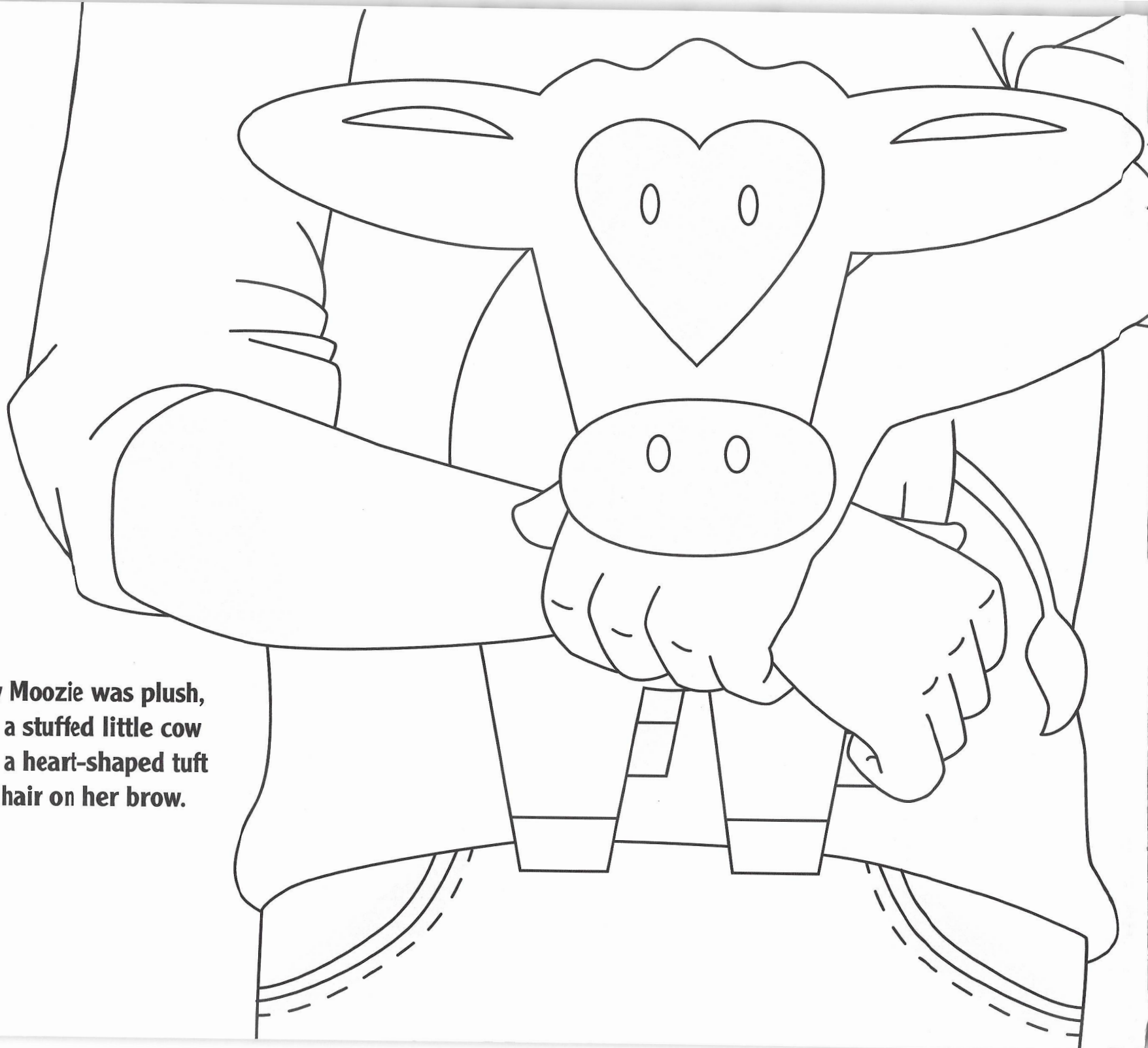
Once upon a time  
in a house just like yours  
lived a brave little girl  
with brown eyes and curls.





**She was not always brave –  
just a face in the crowd  
with a magical friend  
named Moozie the Cow.**

**Now Moozie was plush,  
just a stuffed little cow  
with a heart-shaped tuft  
of hair on her brow.**





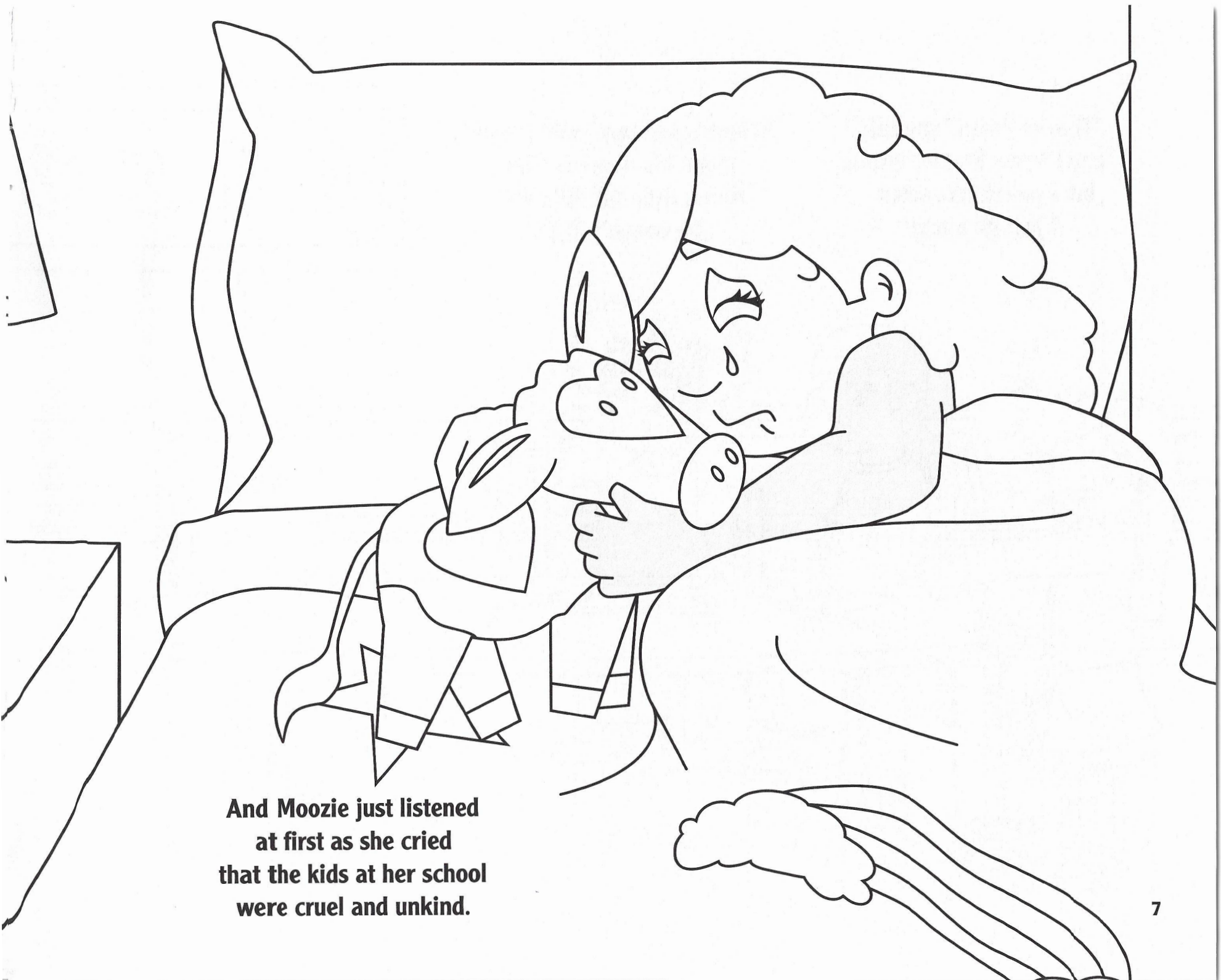
**But whenever the girl  
was unsure or afraid  
she whispered to Moozie  
at night as she laid.**





Now one night the girl  
had so much on her mind  
that she couldn't stop talking  
as hard as she tried.

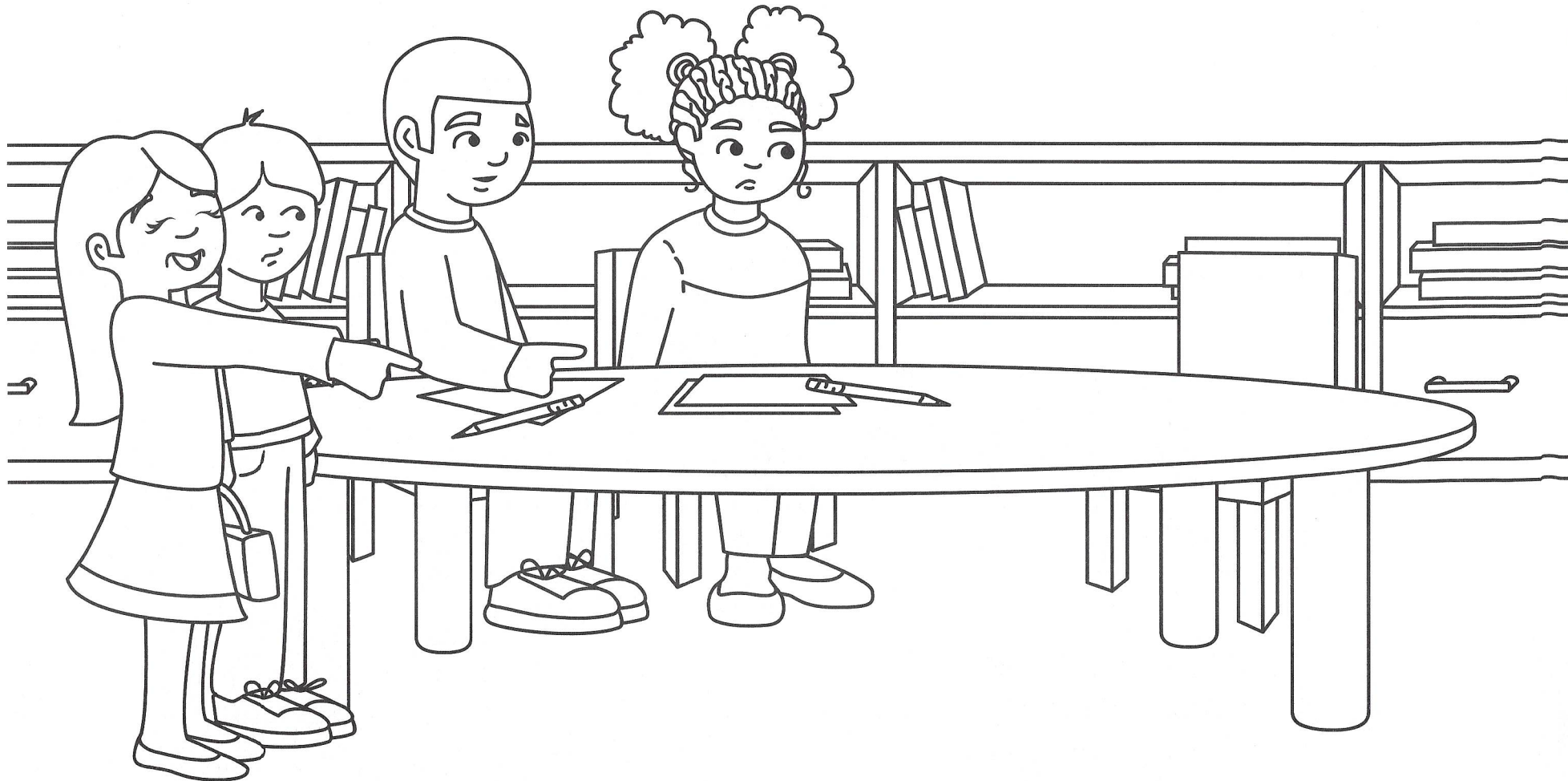
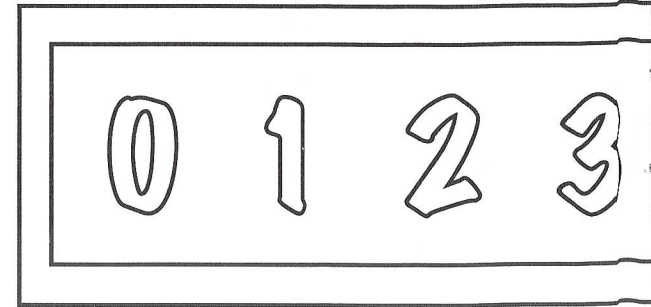




**And Moozie just listened  
at first as she cried  
that the kids at her school  
were cruel and unkind.**

**“They’re mean,” she said,  
“and I know that it’s wrong  
but I never take sides –  
I just go along.”**

**“There’s one boy,” said the girl,  
“and his name is Finn.  
He’s a little bit different –  
he doesn’t fit in.”**





4 5 6 7 8 9 10

**“I think he seems nice  
and I’d like to be friends,  
but what if the other kids  
tease me like him?”**



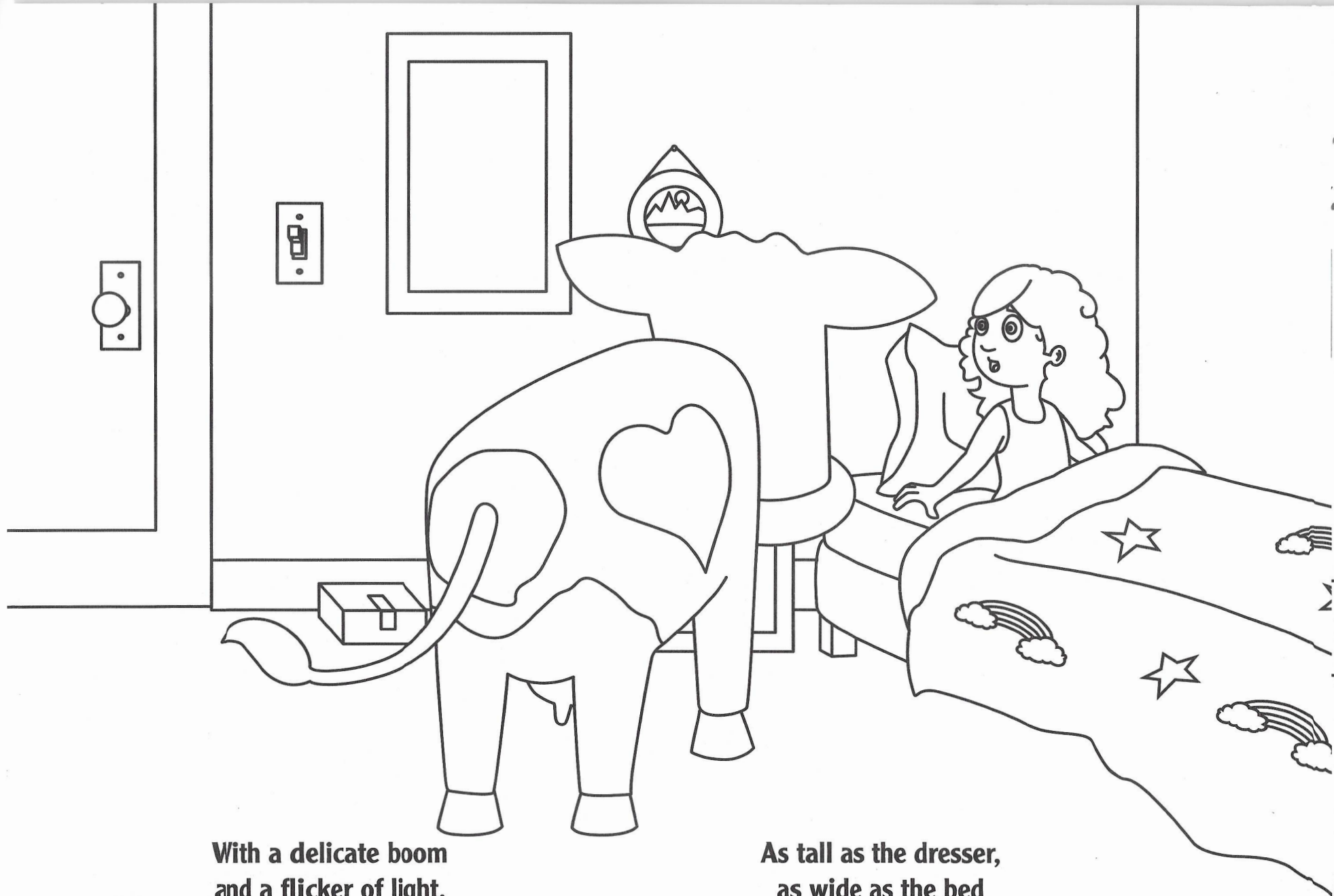
**“Oh Moozie,” she said,  
“if only you knew  
how much I wish  
I knew just what to do.”**





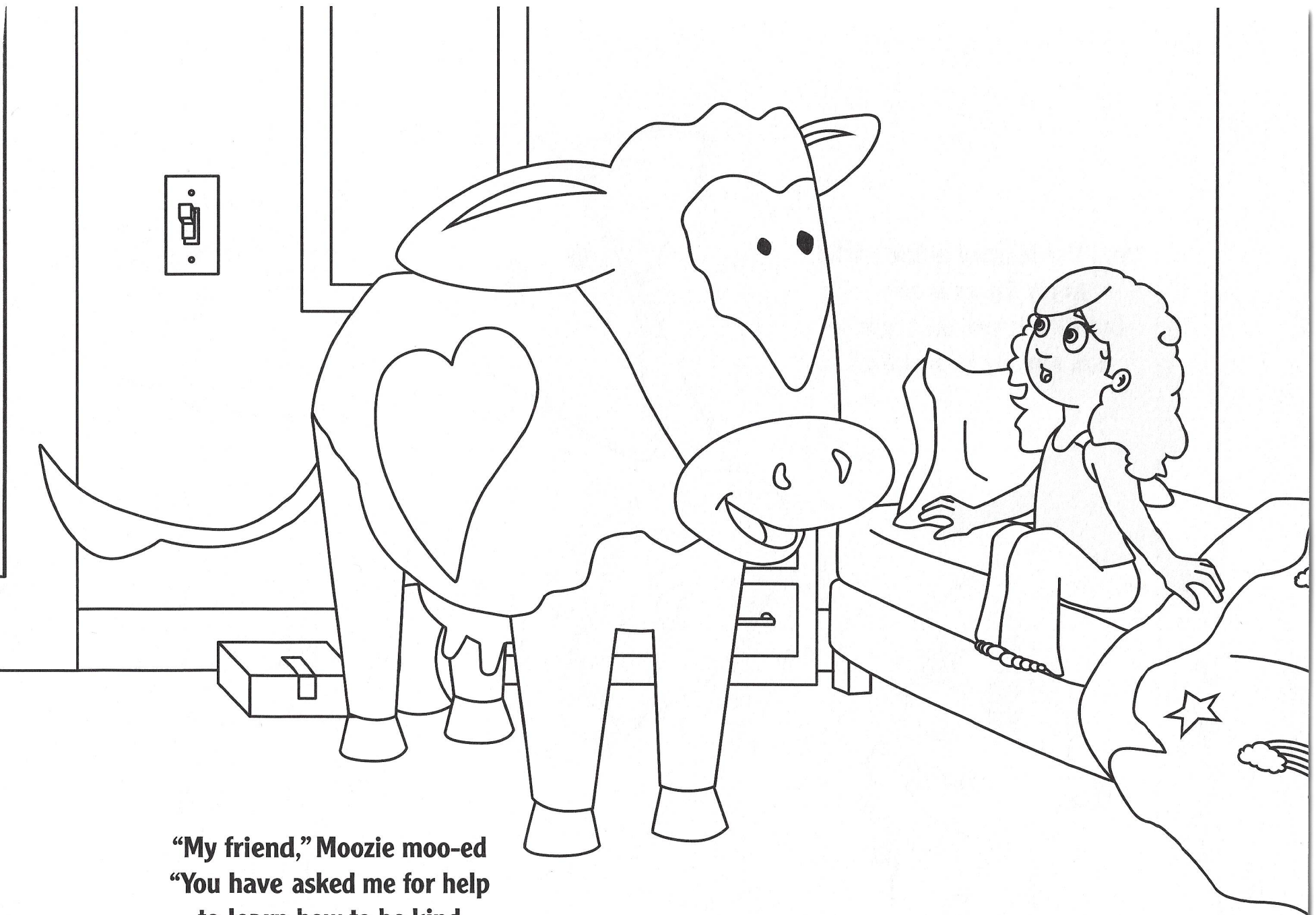
**Then all of a sudden  
in the blink of an eye  
Moozie started to glow  
like a firefly.**





**With a delicate boom  
and a flicker of light,  
Moozie was standing  
right there in plain sight!**

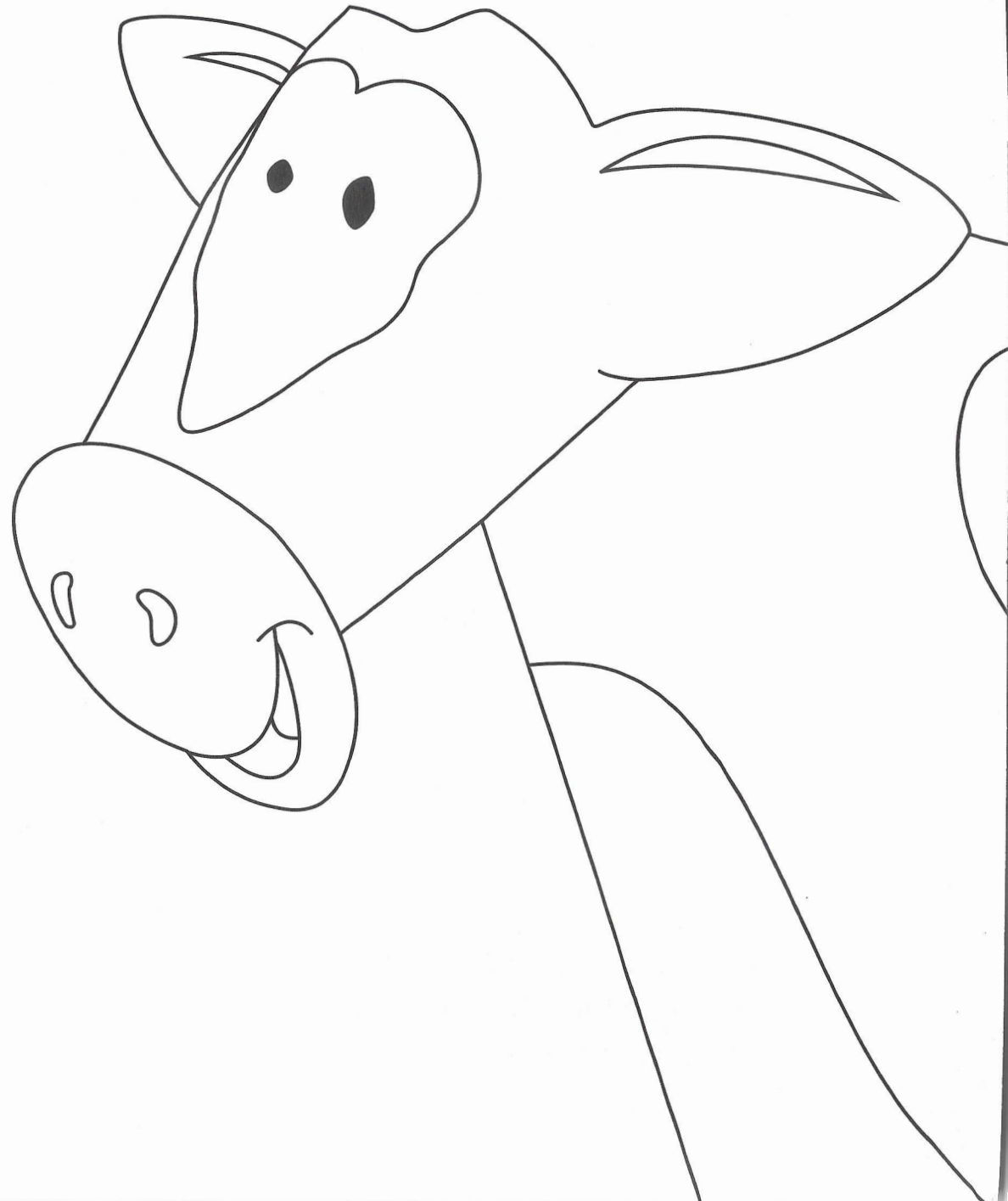
**As tall as the dresser,  
as wide as the bed  
with a heart-shaped tuft  
of hair on her head –**

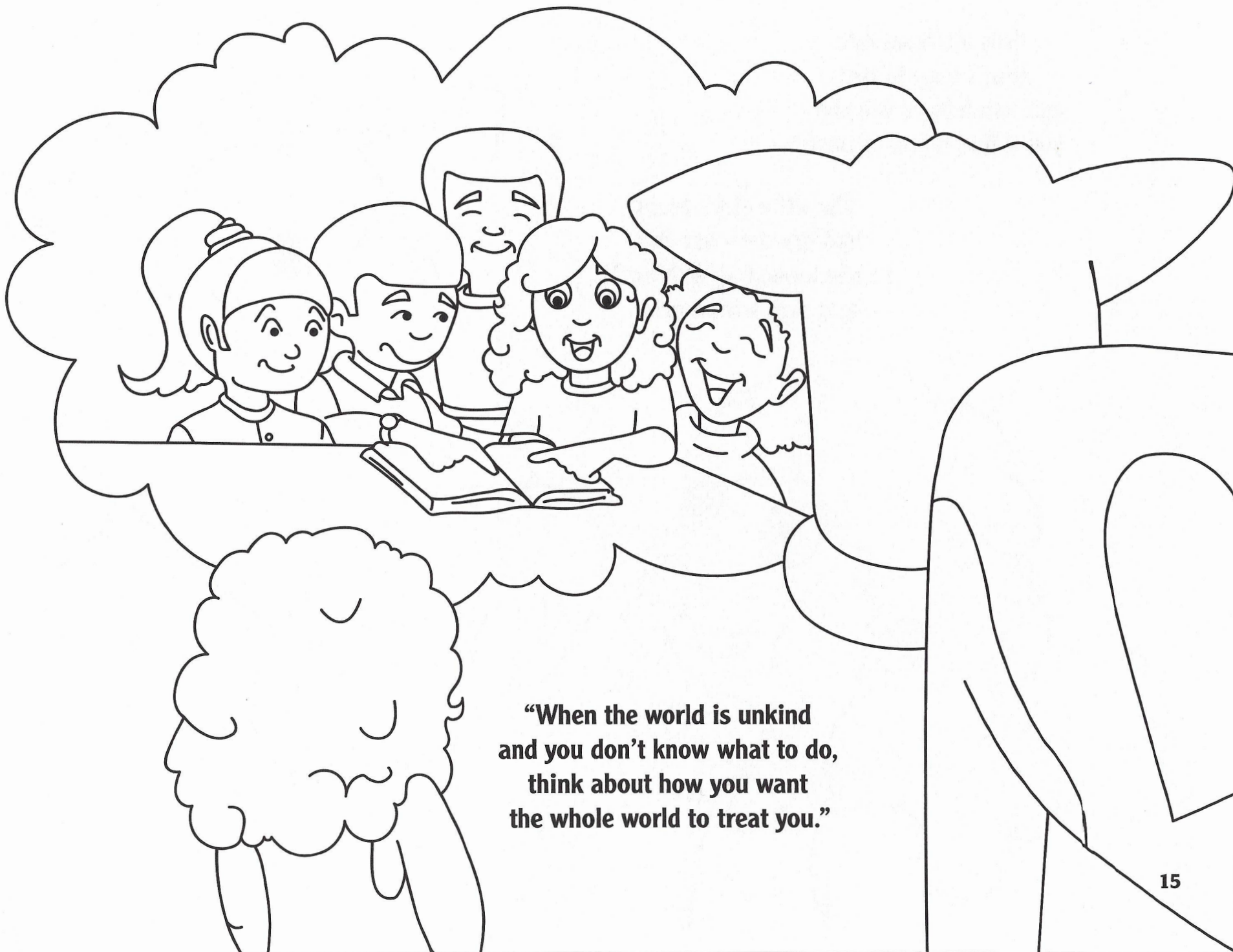


**“My friend,” Moozie moo-ed  
“You have asked me for help  
to learn how to be kind  
to Finn and yourself.”**



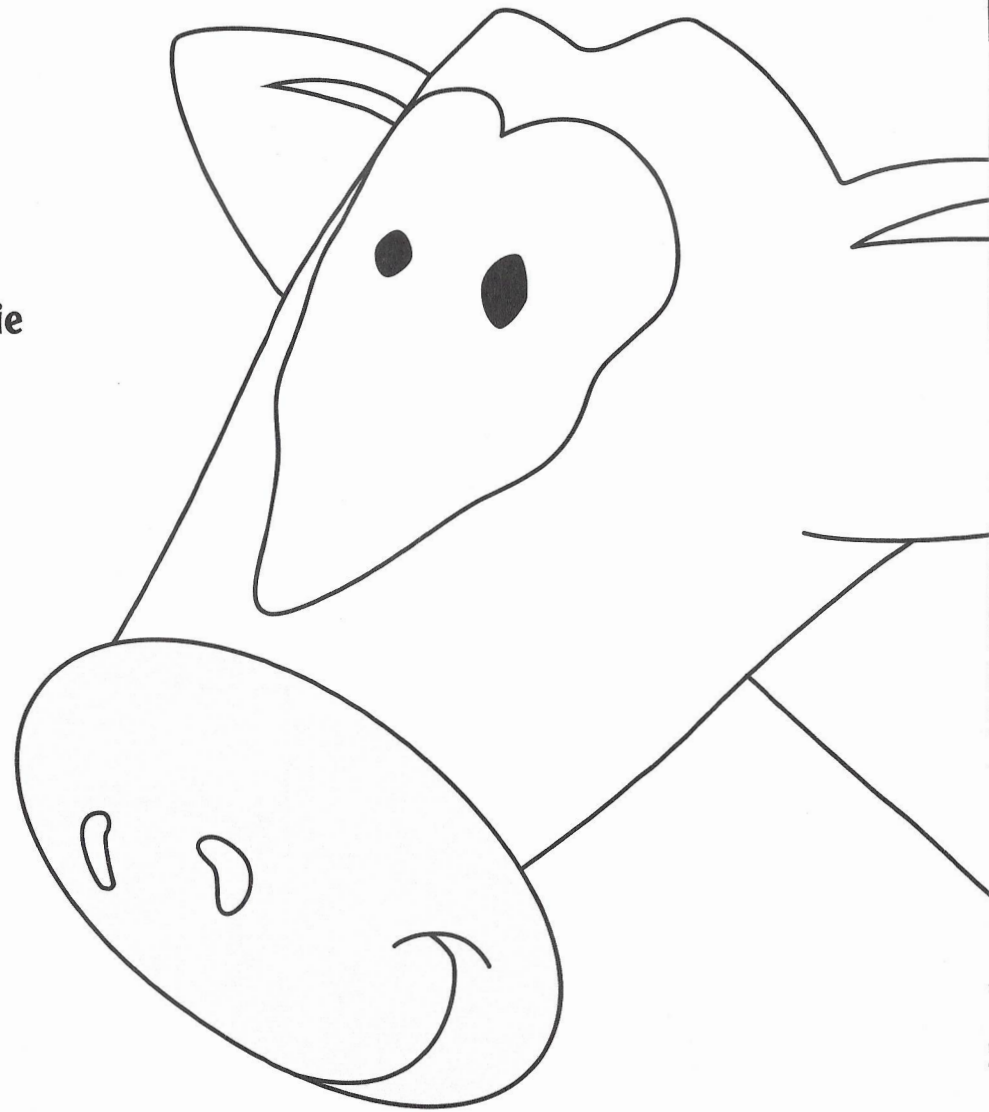
**“And I’ve learned a few tricks  
in my life as a cow,  
but I’ll tell you the truth –  
you already know how.”**





**“It’s a simple rule  
that’s easy to test.  
Just listen to your heart –  
you’ll find it knows best.”**

**The little girl’s tears  
had dried on her chin  
as she looked up at Moozie  
and said with a grin,**

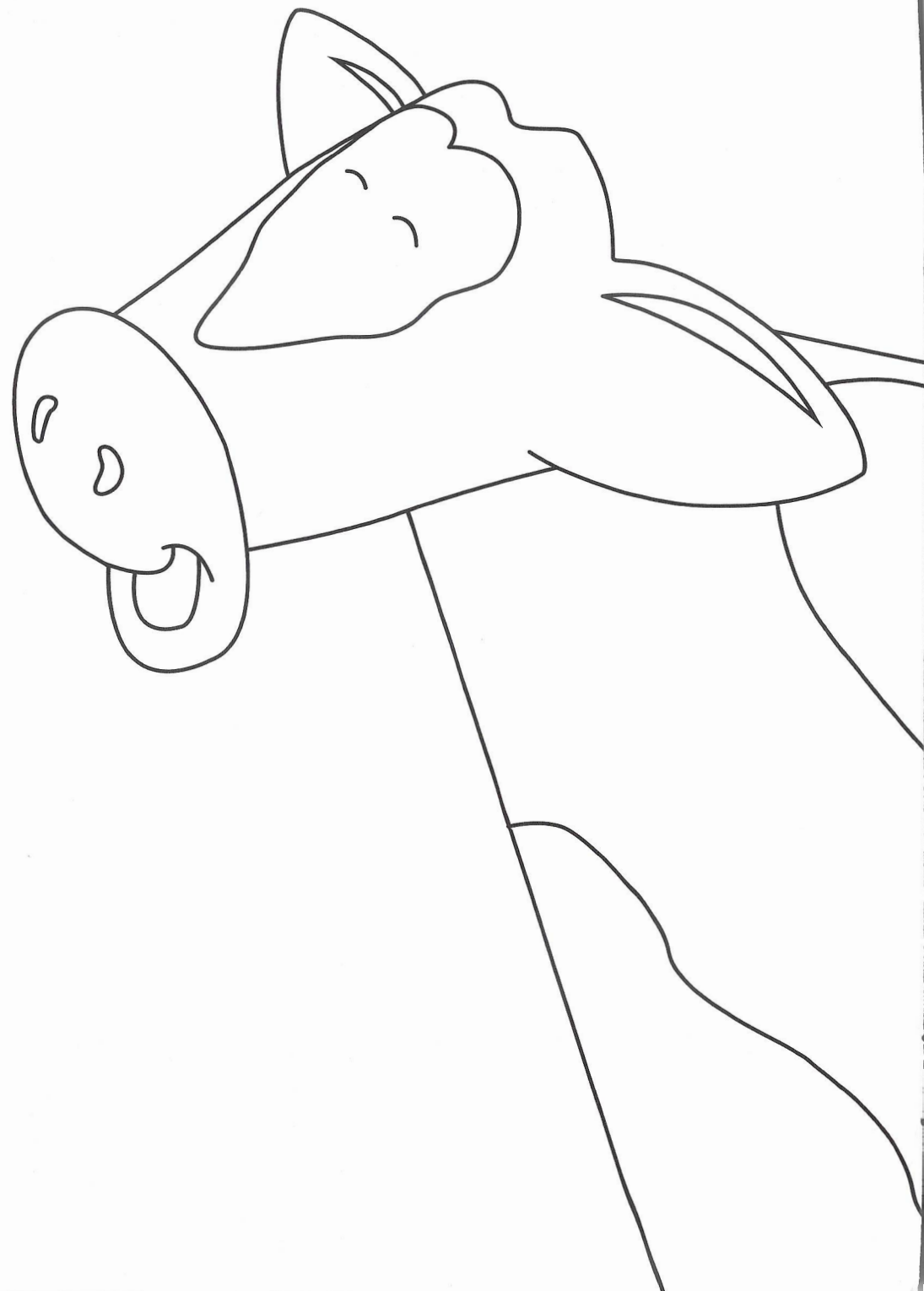
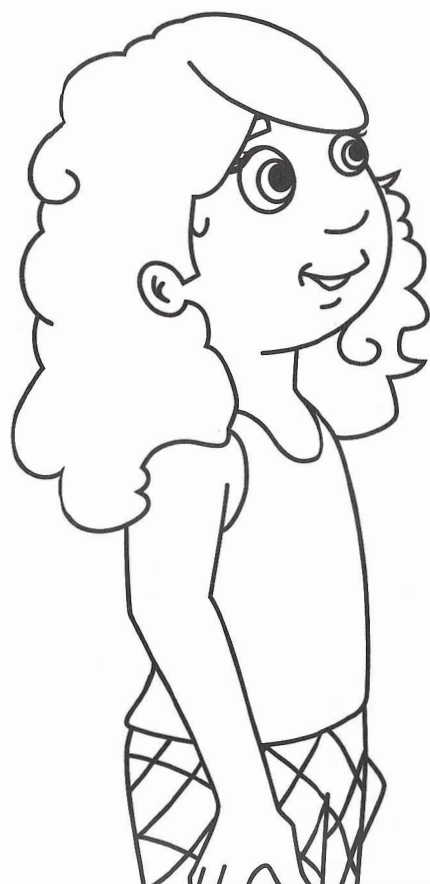


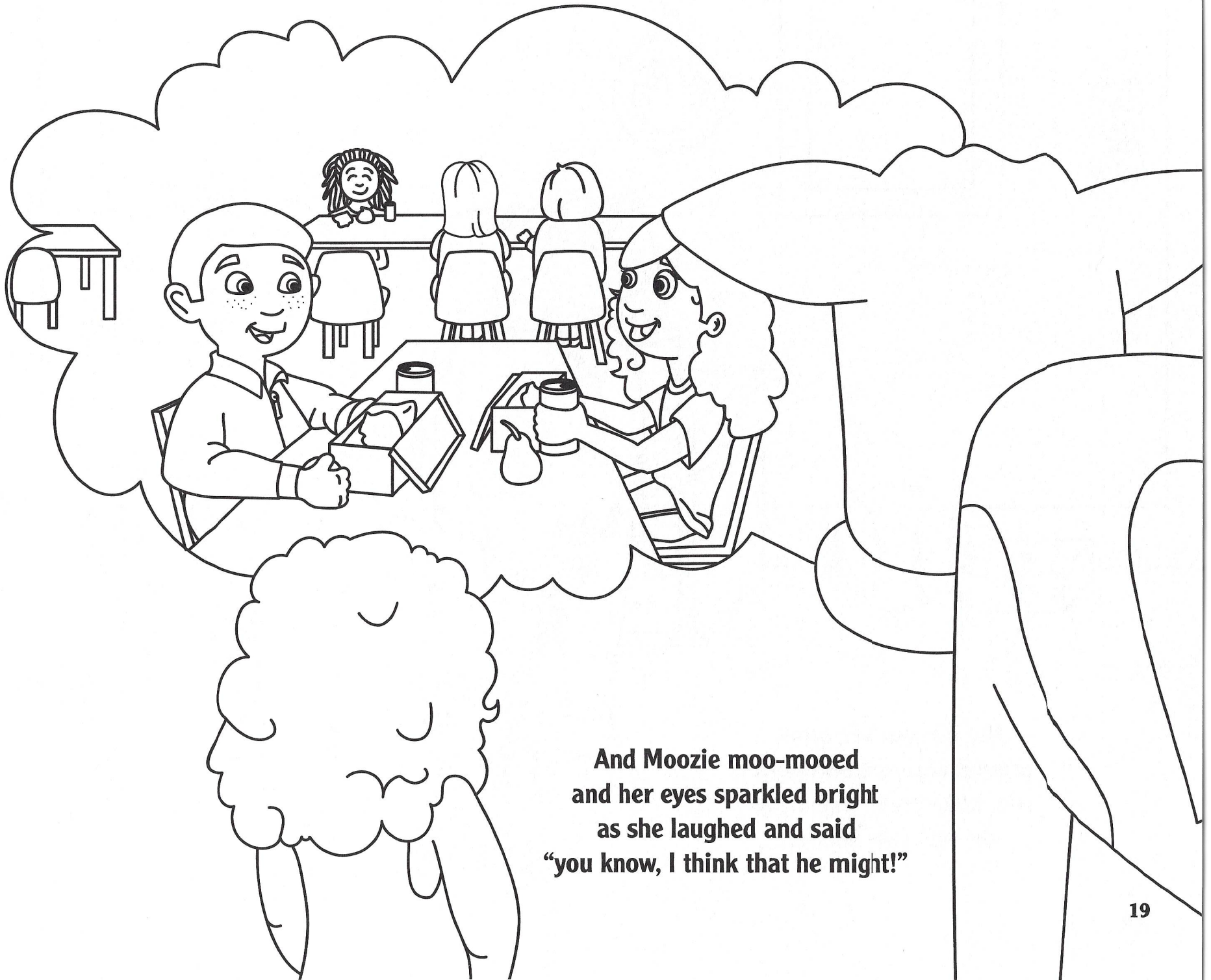


**“Is it really as simple  
as that in the end?  
It sure would be nice  
to have a new friend.”**



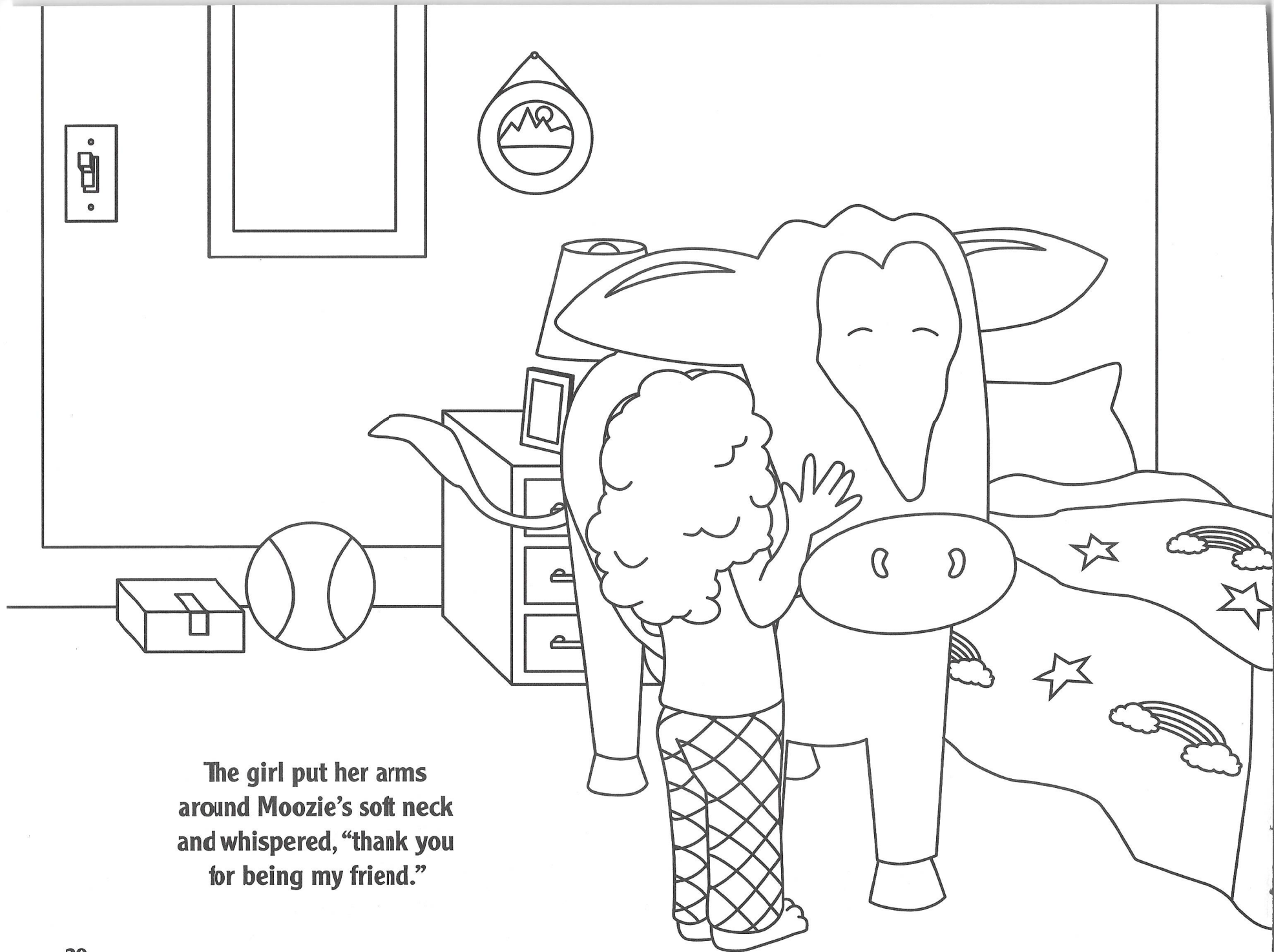
**“You know, I’ve been thinking  
I might ask Finn  
if he’d like to sit with me  
at lunch now and then.”**





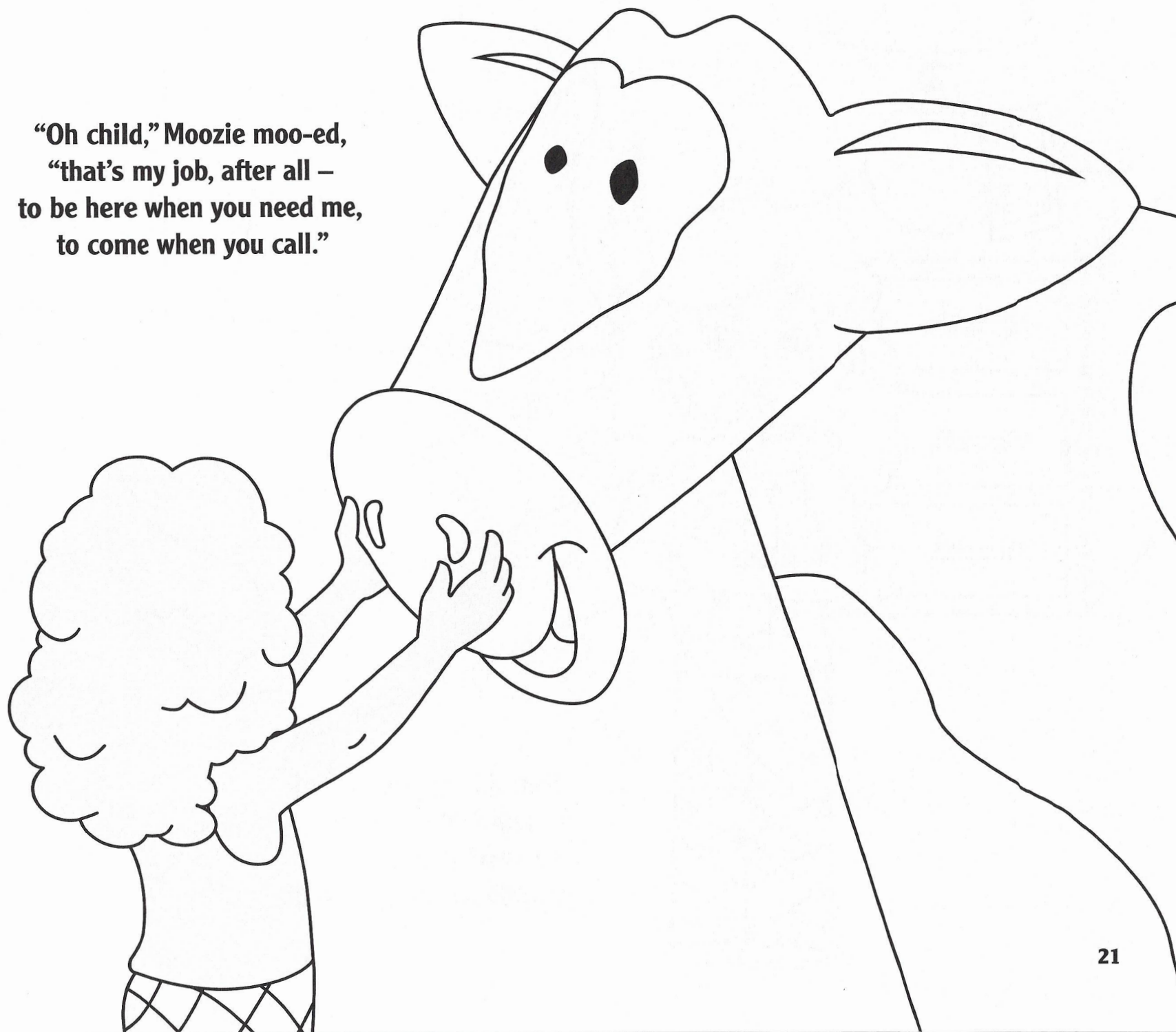
**And Moozie moo-mooed  
and her eyes sparkled bright  
as she laughed and said  
“you know, I think that he might!”**

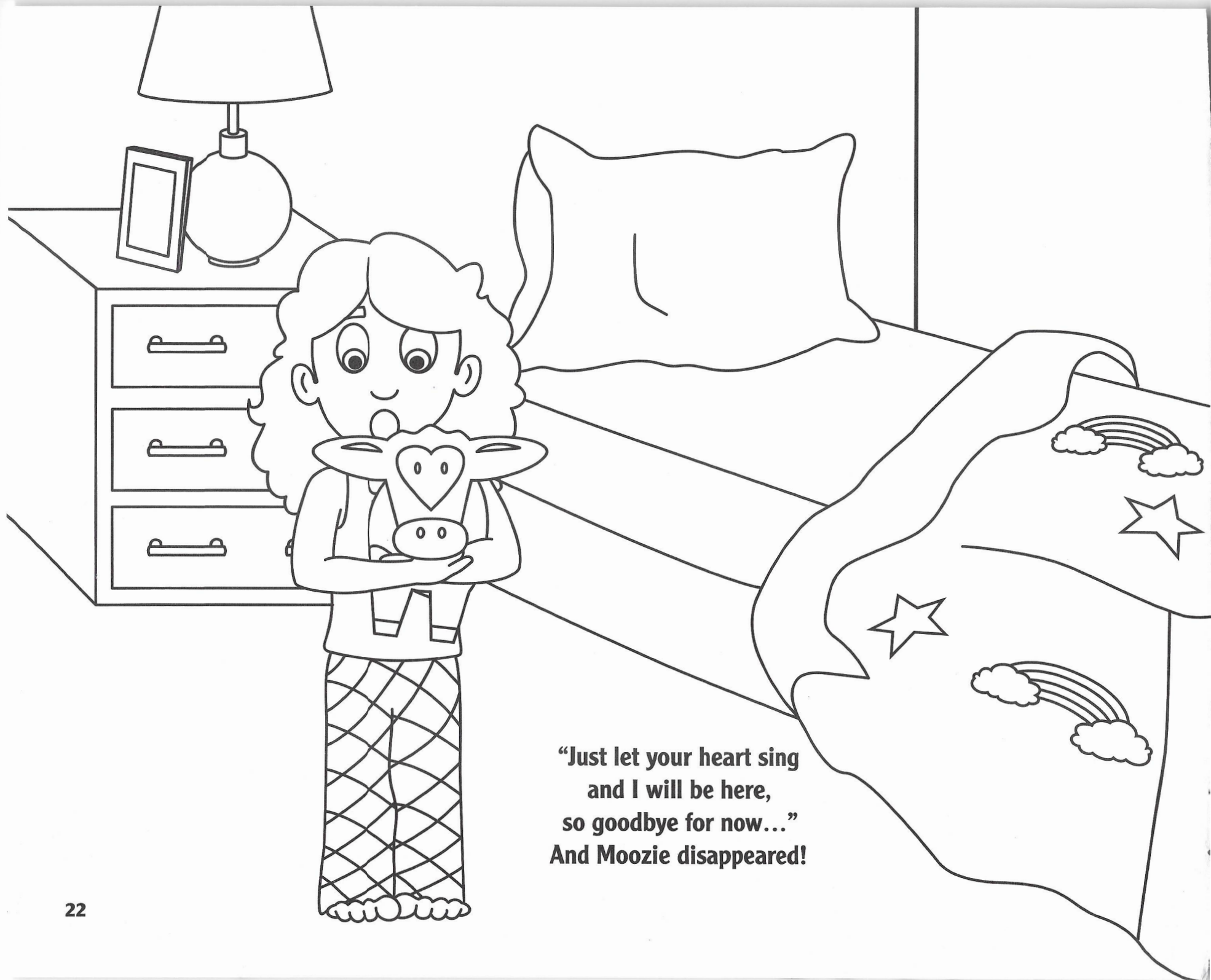




The girl put her arms  
around Moozie's soft neck  
and whispered, "thank you  
for being my friend."

**“Oh child,” Moozie moo-ed,  
“that’s my job, after all –  
to be here when you need me,  
to come when you call.”**





**“Just let your heart sing  
and I will be here,  
so goodbye for now...”  
And Moozie disappeared!**



The girl was left holding  
a worn little cow  
with a heart-shaped tuft of hair  
on her brow.



And she smiled as she let herself  
drift off to bed,  
dreaming of magic  
and making new friends.









# children's kindness network

**Sara Beck** is a singer-songwriter and Assistant Professor of Psychology at Randolph College. She got her Ph.D. from Vanderbilt University in Nashville, Tennessee, and she currently lives in the foothills of the Blue Ridge Mountains of Virginia with her family. Her musical output spans two decades and seven albums, including a children's record inspired by Moozie's approach to kindness ([www.kindnesskids.bandcamp.com](http://www.kindnesskids.bandcamp.com)) and a featured appearance on the theme song of Emmy-winning series *Hatfields and McCoy's*. Her favorite pastime is scribbling in notebooks while her children climb trees, and she is always looking for ways to spread a little kindness.

[www.moozie.org](http://www.moozie.org)

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